Motion Control of a 1-DOF Pneumatic Muscle Actuator Positioning System

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Abstract—A positioning system driven by a pneumatic muscle actuator was built in order to study the applicability and adaptability of the system into real time applications such as exoskeleton robots and industrial machines. PMA system has many advantages including high power to weight and power to volume ratio, light weight, clean, autonomous and safe. However, the highly nonlinear characteristics of PMA system made it difficult to control. This has been the main challenge in proposing a robust controller for positioning and tracking performance. This study aims to clarify a practical and easy to design controller design procedure for positioning of a PMA system. In addition to positioning performance, the present study focuses on the realization of easy to design a controller without the need for exact model parameters and knowledge in control theory for systems with high nonlinearities. A PI and PID controller using Ziegler-Nicholas design law is proposed and its PTP performance is presented. Finally, the robustness of the proposed controller have been tested in a tracking environment by using triangular and sinusoidal waveform.

Keywords—Pneumatic Muscle Actuator; Festo Fluidic Muscle; PID Controller; Ziegler Nicholas Method

I. INTRODUCTION

A pneumatic muscle actuator (PMA) is a tube-like actuator that copies the conduct of human skeletal muscle, where the actuator length decreases when pressurized [1]. It has a high power-to-weight ratio and good flexibility due to its soft structure [2]. PMAs are significantly a light weight actuator, which are characterized as smooth, fast response, cost effective, clean and compact. This actuator is able to produce significant force when it is fully contracted. Its intermediate positions can be set by regulating pressure inside the actuator. Besides that, this actuator is also suitable in harsh environments due to no moving parts such as pistons or guiding rods [3]. At the same time, due to the friction acting inside the braided mesh caused by pressure and hysteresis, the PMA carries a highly nonlinear characteristic. Therefore, inaccuracy and difficult to control has become a significant problem in PMA system. In order to address the problem of PMA control by using a classic controller, a proper calibration method is required. A proper tuning method of classical PID controller will make it possible to be embedded in a nonlinear system.

Pneumatic Muscle Actuator, also known as the McKibben Pneumatic Artificial Muscle (PAM), Fluidic muscle [4] or Biomimetic Actuator [5], was first invented in the 1950s by the physician, Joseph L. McKibben for an orthotic appliance for polio patients [6]. In the 1980s, Bridgestone Rubber Company of Japan commercialized the actuator by redesigning and making it more powerful for robotic applications. The construction of PMA has made it possible for many kinds of humanoid applications and advanced robots. The PMA is used as the main robotic actuator in applications where compliance and high power to weight ratio are important, e.g. walking/running machines such as humanoid robots [7]. Fig. 1 shows the photograph of Festo Fluidic muscle.

![Fig. 1. Commercially used PMA, Festo Fluidic muscle [8.]](image)

The typical manufacturing of a PMA can be found as a long synthetic structure of natural rubber tube, wrapped inside man-made netting, such as Kevlar, at predetermined angles [9]. Protective rubber coating surrounds the fiber wrapping and two fixed connection flanges at its ends. A pulling force is generated in axial direction, resulting in a shortening of the muscle as air pressure is increased. The PMA generates its maximum force at the beginning of the contraction and it decreases with an increase in the contraction.

Due to the high demand in the robotic applications which requires high positioning accuracy, the advantages of the pneumatic muscle actuator made it desirable in point-to-point positioning systems. In order to overcome the nonlinear problems and to achieve a robust PTP positioning performance, many challenges must be taken into account. The main idea in this study is to demonstrate a classical controller on a nonlinear PMA system. A classical PID
controller is typically easy to design and has high adaptability characteristics. Thus, to improve the positioning performance of the PMA system, a Proportional Integral Derivative controller has been designed and their PTP and tracking performance has been examined experimentally. The key point in achieving a good performance from a linear controller is by a proper design procedures and tuning method.

The main aim of this paper is to present a classical PI and PID controller performance in motion control of a 1-DOF pneumatic muscle actuator positioning system. The section of this paper starts with a brief explanation about the dynamic modeling of PMA and experimental setup developed. Then the section IV focuses on explaining the control objectives and its design procedures. The performance of the proposed controller has been tested with different types of input and its usefulness has been demonstrated in section V. Finally, this paper concludes the PTP and tracking results, and the usefulness of the proposed controller been presented.

II. MODELING OF PMA

The three element phenomenological modeling is the selected mathematical modeling in this research. The mathematical model explained in this section is to give a rough idea about the system characteristics and dynamics. The result and discussion about the optimized parameter is explained in detail in the previous publication [10]. The three element phenomenological modeling is explained. Assuming that \( x \) is the displacement/contraction of the PMA, the governing equation of motion for the three element phenomenological model is written as:

\[
M \ddot{x} + B \dot{x} + Kx = F_{ce} - F_L
\]  

where \( M \) is the mass at one end of the PMA, \( K \) is the spring coefficient, \( B \) is the nonlinear damping coefficient, \( F_{ce} \) is the contractile force coefficient and \( F_L \) is the external load acting on the system. The contractile force coefficient is the contraction force that has been generated by the muscle due to pressurization (increase in muscle diameter and decrease in muscle length). The contractile force coefficient is assumed to be equal to the external load applied to the PMA, which results in zero contraction of the PMA [11].

Note that when \( F_{ce} = F_L \) which results in zero initial contraction and velocity \( x(0) = \dot{x}(0) = 0 \), no motion occurs in the system. When \( F_{ce} > F_L \), the right hand side of the Eq. 1 is the driving force for the system.

The dynamic contraction and static load study experiments have been conducted in a horizontal experimental setup. The following assumption has been made to neglect the initial term, \( M \) in data collection. In the horizontal setup, one end of the muscle is fixed with the load cell and the other end is fixed with the table/mass. This is reasonable to assume that half of the muscle weight is supported. It only contributes less than 1% of the total contraction of the PMA. Since this is a low mass system, the element \( M \) is been neglected [12]. Once, neglecting the initial term in the model, the simplified equation is shown in Eq. 2. Fig. 2 presents the three element phenomenological model free body diagram.

\[
B \dot{x} + Kx = F_{ce} - F_L
\]  

FIG. 2. Three-element phenomenological model of PMA.

III. EXPERIMENTAL SETUP

An experimental setup for motion control of the pneumatic muscle actuator system has been developed for this research. Fig. 3 presents the experimental setup of the system in this research and Fig. 4 visualizes the schematic view of the PMA system. The PMA used in this study was Festo Fluidic Muscle Actuator (MAS-20-250N-AA-MC-K) as the main driving element. The actuator has a nominal length of 250mm and 20mm of diameter. The experiment conducted was based on previously developed experimental setup [13], but with some modification in the sensing part as shown in Fig. 3. The PMA was investigated using an experimental setup that allows precise and accurate actuation, controlled by a Festo Proportional Pressure Regulator (PPR) model (MPPE-3 1/8-6-010B) manufactured by Festo. The system was tested by observing the PMA contraction for different step input of pressure. The length changes of the PMA were measured by a Linear Variable Differential Transducer (LVDT) model SR-Series VR 100.0SBLS with the resolution of <0.5µm manufactured by Solarton metrology.

The PMA was pressurized with compressed air controlled by a proportional pressure regulator with response time of 0.22s. The inlet pressure to the PMA is maintained below 650kPa to protect the PMA from excessive pressure. The outlet of the pressure regulator was connected to the PMA and to a Festo Pressure transducer model (SDE1-D10-G2-W18-L-PU-M8) to measure/monitor the exact pressurization inside the PMA. The pressure transducer and proportional pressure regulator were fixed near to the actuator for better performance. A Futek load cell model LCF451 was mounted at the fixed end of the PMA to obtain the pulling force/contractile force generated by the pneumatic muscle.
The air supply to the system was supplied by a mini air compressor model Kinki (KAC-14 6L 1/4HP 100PSI). The low friction of the table was assumed to be neglected. Therefore, it was routinely lubricated to ensure minimal friction in the data collection process. Data was collected at a 500Hz sampling frequency. Pressure range of the experiments was 50-550kPa (0.5-5.5bar) which is 10-55mm.

Fig. 3. Schematic view of the experimental setup.

Fig. 4. Experimental setup photograph.

IV. PID CONTROLLER SYSTEM DESIGN

One of the main objectives of the PMA system developed is to achieve an accurate point-to-point positioning motion. This section will cover the classical control design procedure and its performance evaluation. A classical Proportional Integral Derivative (PID) controller is designed for PTP positioning. The gain calibration has been done by using the Ziegler Nicholas tuning method as shown in TABLE I. The PI and PID controller are designed based the following procedures: First, the mechanism is driven with a proportional gain only. Then, the proportional gain is increased until a sustained oscillation occurred. The calibrated optimum proportional gain is defined as $K_p$ (critical proportional gain) (see Fig. 5). Next, the ultimate period $T_u$ which is the time required to complete one full oscillation while the system is at steady state is noted. By using the $K_p$ and $T_u$ parameters, the values of $K_p$ and $K_i$ can be determined by referring to TABLE I.

<table>
<thead>
<tr>
<th>PID Type</th>
<th>$K_p$</th>
<th>$K_i$</th>
<th>$T_u$</th>
</tr>
</thead>
<tbody>
<tr>
<td>P</td>
<td>0.5K</td>
<td>Inf</td>
<td>0</td>
</tr>
<tr>
<td>PI</td>
<td>0.45K</td>
<td>$T_u/1.2$</td>
<td>0</td>
</tr>
<tr>
<td>PID</td>
<td>0.6K</td>
<td>$T_u/2$</td>
<td>$T_u/8$</td>
</tr>
</tbody>
</table>

Fig. 5 shows the response of the system whereby the critical gain, $K_p$ was determined. The calibrated $K_p$ is 0.95 and $T_u$ is at 7.532 seconds. According to TABLE I, the calculated proportional gain, $K_p$ is 0.57, integral gain, $K_i$ is 3.766, and $K_d$ is 0.9415. The obtained PID gain is from the mid contraction of 30mm. In order to fit lower contraction, mid contraction and higher contraction (10-50mm with 10mm increment) the gain value has been optimized from the calculated value to meet the desired steady state and transient performance. The new optimized $K_p$ is 0.57, $K_i$ is 1.555 and $K_d$ is 0.01. This value has been used as the PID gain for both PI and PID controller. Fig. 6 shows the block diagram of the control system. The control system includes the PID controller and a linearizer unit. The linearizer holds the static relationship of the input voltage and the table position which is obtained via open loop experiments.

Fig. 6. Block Diagram of the control system.

V. RESULT AND DISCUSSION

In this section, the positioning performance of the PMA system is presented. Fig. 7(a-d) shows the point-to-point positioning responses of the PMA system to a step input with...
PI and PID controller. The blue solid line represents the experimental result of the PI controller and the red solid line represents the experimental results of the PID controller. The positioning performance of the PMA system was examined for the contraction range from 10mm to 50mm, with a step increment of 10mm. However, only the positioning results of the lowest contraction, mid contraction and highest contraction are presented in this section.

Due to this matter, the PI controller has been further validated in tracking control environment.

<table>
<thead>
<tr>
<th>Controller</th>
<th>Displacement</th>
<th>Rise Time, Tr (s)</th>
<th>Settling time, Ts (s)</th>
<th>Error (mm)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PI</strong></td>
<td>10mm</td>
<td>0.7655</td>
<td>3.8940</td>
<td>±0.10</td>
</tr>
<tr>
<td></td>
<td>20mm</td>
<td>0.7309</td>
<td>4.0478</td>
<td>±0.30</td>
</tr>
<tr>
<td></td>
<td>30mm</td>
<td>0.4672</td>
<td>2.1605</td>
<td>±0.20</td>
</tr>
<tr>
<td></td>
<td>40mm</td>
<td>0.8166</td>
<td>3.2121</td>
<td>±0.60</td>
</tr>
<tr>
<td></td>
<td>50mm</td>
<td>0.8454</td>
<td>3.6621</td>
<td>±0.45</td>
</tr>
<tr>
<td><strong>PID</strong></td>
<td>10mm</td>
<td>0.3666</td>
<td>9.8212</td>
<td>±0.70</td>
</tr>
<tr>
<td></td>
<td>20mm</td>
<td>0.5581</td>
<td>9.7660</td>
<td>±0.80</td>
</tr>
<tr>
<td></td>
<td>30mm</td>
<td>0.4712</td>
<td>2.2681</td>
<td>±0.30</td>
</tr>
<tr>
<td></td>
<td>40mm</td>
<td>0.5203</td>
<td>2.6346</td>
<td>±0.20</td>
</tr>
<tr>
<td></td>
<td>50mm</td>
<td>0.6125</td>
<td>2.7105</td>
<td>±0.20</td>
</tr>
</tbody>
</table>

The PMA system was further tested with triangular and sinusoidal waveform; this is to test the controller adaptability in tracking environment. Fig.8 shows the PI controller response with triangular waveform. The PTP displacement experiment were tested for 10mm, 20mm and 30mm with control time of 30s. The PI controller result presented shows that the PMA system capable to perform towards the different displacement tested, with the overall tracking errors were maintained below 2mm. The main motive of the test is to perform tracking experiments on the system and check its adaptability and applicability to the PMA system. Fig. 9 and Fig.10 show the tracking result under sinusoidal waveform at a frequency of 0.1 Hz and 0.05Hz. The system has been tested for 10mm-50mm, but only 30mm and 40mm result has been presented to validate the proposed controller. From the obtained result, the system demonstrates a good tracking result for the low and high frequencies. From the study, it can be concluded that the system could only perform below 0.5Hz for the classical controller. This is due to the poor performance at 1Hz, where the system starts to vibrate and produce larger steady state errors. This result shows that the PI controller is much more robust towards PTP and tracking positioning, for the range of displacement tested. The stick-slip effect do exist during the PMA relaxation phase due to the nonlinear characteristic of the system. This situation occurred due to the compressed air characteristics and the low mass table of the system, which caused the oscillation to be very obvious when the air is being exhausted out from the actuator. The stick slip effect is the area where the nonlinear effect can be seen very obvious and could not be solved by the classical PI controller. Future work will focus on the more practical controller for the PMA system to solve the stick slip effect and smoother performance.
The presented results showed some significant in PTP positioning with minimal steady state error. By implementing a linear controller onto a nonlinear system, it’s able to produce reasonable steady state and transient response in the range of displacement tested. The PI controller showed adequate response compared to the PID for the lower and higher contraction study conducted. The point-to-point and tracking result were helpful to prove the applied Ziegler-Nichols tuning method is sufficient to prove the performance of the classic controller. However, due to the linear characteristic of the PI and PID control, it fails to show high accuracy in PTP positioning on the PMA system. The proposed controller serves as a good methodology in the process of designing a more robust controller. Therefore, a practical and robust controller will be proposed for the PMA system in the future works.

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VI. CONCLUSION

A study on the high force pneumatic muscle actuator system with shows great promise in robotic and industrial applications, but it has an immanent difficulty in developing accurate positioning control due to its nonlinear characteristics. A Ziegler-Nichols tuned PI and PID controller was proposed and validated experimentally in positioning and tracking performance. The presented results showed some